



# SK HIV Preceptorship for Primary Care Physicians & Medical Residents

## *Information Package*

The Saskatchewan Infectious Disease Care Network (SIDCN) coordinates and funds HIV preceptorship opportunities for primary care physicians and medical residents. Mentees are matched with Infectious Disease Specialists and experienced HIV Physicians and attend half or full day HIV clinics at various locations across the province.

### HIV Preceptorship Goals



Provide primary care physicians an opportunity to update their knowledge of HIV



Help primary care physicians better understand the role of the HIV specialist team in the management of patients living with HIV



Help the HIV specialist teams learn about the primary care physician's work with patients who are living with HIV



Foster future collaborations in the care of patients living with HIV

### HIV Preceptorship Experience

During the preceptorship, the physician will acquire the knowledge to:

- Complete a thorough assessment of an individual patient living with HIV
- Develop a multidisciplinary management plan for the patient living with HIV as well as recognition and management of co-existing medical/psychosocial conditions
- Be comfortable counselling patients on common concerns around HIV that arise in routine care
- Understand the common challenges faced by the patients and clinicians providing care to marginalised populations and the resources available in the community to help mitigate those challenges
- Timely referral of complex cases to the relevant specialists

After the completion of the preceptorship, members of the HIV specialist team will continue to be available for consultation or to answer any further questions.

For more information or to request a preceptorship, contact [amanda.galambos@sidcn.ca](mailto:amanda.galambos@sidcn.ca)

## **Information sent to physician (or medical resident)**

**Date:**

**Dear:**

We would like to welcome you to the SK HIV Physician Preceptorship Program. We believe it will be a great opportunity for us to learn more about the needs of HIV patients in the community, and for you to better understand the role of the HIV specialist team. We hope to enrich your knowledge in the field of HIV treatment and management, and we will try to tailor the tutorship to your needs.

As part of the program, you will spend one half-day with our HIV team (although there are possibilities for further preceptorship days or full day clinics). During your time with us, we would like you to become, as much as possible, a part of our HIV team, and to get involved in our multi-disciplinary activities.

### **These activities include:**

- Evaluation of patients by the multidisciplinary team, including physician, nurses, social workers, case managers and/or pharmacists (depending on the clinic set-up)
- A thorough assessment of the patient living with HIV- first visit and/or follow-up visits as well as of coexisting/co-morbid conditions including OIs, HCV coinfection, cardiovascular risk factors, psychosocial conditions etc
- Tailoring management to individual patients including ARV starts/modifications as well as developing management of co-existing conditions
- Where available, part-take in management of special populations such as care of pregnant women with HIV, substance use disorders.
- Part-take in multi-disciplinary discussions on individual patients

To better prepare the tutorship, we have enclosed a short introduction about HIV, as well as a short questionnaire. Please take time to We suggest you prioritize your needs and expectations by filling out this questionnaire and sending it to us before your arrival. We will try to adjust our activities to meet your learning needs.

Sincerely yours,

The Saskatchewan Infectious Disease Care Network

## HIV in Saskatchewan

The incident rates for human immunodeficiency virus (HIV) in Saskatchewan remain unacceptably high, with statistics at more than twice the national average. Saskatchewan has the highest rates of HIV in Canada, with more than 2,000 cases reported between 1985 and 2016. Communities are facing increased demands for specialized services, as demonstrated below:

**Table 5: People newly diagnosed with HIV by health region (HR), 2015 & 2016**

HR	2015	2016	Change from previous year (%)
Regina Qu'Appelle HR (RQHR)	26	23	↓ 3 (12%)
Saskatoon HR (SKHR)	58	45	↓ 13 (22%)
Prince Albert Parkland HR (PAPHR)	50	56	↑ 6 (12%)
Mamawetan Churchill River HR (MCRHR)	9	10	↑ 1 (11%)
Prairie North HR (PNHR)	6	11	↑ 5 (83%)
All other HRs (including Sunrise HR)	11	25	↑ 14 (127%)
⇒ Sunrise HR (SHR)	<5	18	↑ >13 (>260%)
<b>Total</b>	<b>160</b>	<b>170</b>	<b>↑10 (6%)</b>

\*Information for all other HRs is collapsed due to small numbers

*(Saskatchewan Ministry of Health Population Health Branch, 2016)*

Many challenges create barriers to care and treatment, some of which include:

- Stigma and discrimination which is preventing and delaying access to services;
- High rates of drug addiction and injection drug use;
- Geographical challenges for rural and remote residents to access services;
- Transient nature of some patients.

These and other factors lead individuals to being isolated and “lost to follow up”. Mortality related to advanced disease continues, placing demands on physicians and nurses involved in HIV care.

With the growing prevalence of HIV, health care providers will be relied upon and are now required to further expand their expertise to skillfully manage HIV patients; a group of people whose medical and social needs are varied and more complex. It is increasingly vital for primary care physicians to receive specialized training to develop the knowledge and skills required to confidently manage HIV in their communities.



## HIV Physician Preceptorship: Pre-Visit Assessment

(Return form by e-mail [amanda.galambos@sidcn.ca](mailto:amanda.galambos@sidcn.ca) or fax (306) 952-4089)

To help us understand your learning goals, and for us to be able to better fulfil them, please complete the following information:

<b>Name:</b>	
<b>Address:</b>	

- Primary Care Physician                     
  Family Medicine Resident                     
  Other:

**Describe your current level of experience and comfort providing HIV Care:**

- I have no experience or comfort  
 I have limited experience and comfort  
 I have adequate experience, but still seek to increase my comfort

**In the past 12 months, how many patients living with HIV have you treated in your practice?**

- None                                     
  5-10                                     
  20+  
 1-5                                       
  10-20

**What are you wanting to achieve through this preceptorship? What are your learning goals?**

**In order for us to better match you to Preceptors with specific areas of expertise, please rate your interest in the following areas, it will help us plan your learning experience.**

Place an "X" in the appropriate box	Very Interested	Interested	Neutral	Not Interested
Initiating ARV Treatment				
Managing ARV Treatment				
Pregnancy & Maternal Health				
Addictions				
Co-Infections (Hep C, TB)				
Opportunistic Infections				
Other:				



## Invoice Form for Physician HIV Preceptorship Funding

Participant Information		
Name:		
Address:		
E-mail:		
Social Insurance Number:		
Mentorship Information		
Name of mentoring physician:		
List the location(s) where your mentorship experience occurred:		
Check all that apply to the mentorship setting(s):		
<input type="radio"/> Urban <input type="radio"/> Rural <input type="radio"/> Northern <input type="radio"/> First Nation Community	<input type="radio"/> Acute/Hospital <input type="radio"/> Out-Patient Clinic <input type="radio"/> Travel/Remote Clinic <input type="radio"/> Other:	
Invoice		
Rates: half day \$450.00 / full day \$900.00		
Date(s) of Mentorship:	Indicate Half or Full Day	Amount Invoiced
1.		
2.		
3.		
4.		
5.		
6.		
<b>Total Amount</b>		\$

Once completed, return to:

**Amanda Galambos**

HIV Primary Care Capacity Program Coordinator  
 Saskatchewan Infectious Disease Care Network  
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